



# National Parks Showcase & Supper

Tuesdays in March, 5:15 p.m.

**Join us for supper & visit these natural wonders**  
(via DVD on our large screen television)

**March 10:** Deserts & Forests (& pizza)

**March 17:** Badlands & Canyons (& appetizers)

**March 24:** Alaska & Volcanoes (& spaghetti)

**March 31:** Mountains & Lakes (& hot dogs)

*Sign-up by the Monday before...\$5.00 for supper*



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## Urbana 50+ Community Center

Offering fitness, enrichment & social opportunities for ages 50 & older  
301-600-7020

9020 Amelung Street, Urbana, MD 21704

(located on the lower level of the Urbana Regional Library)

Like us on Facebook: [Urbana Senior Center - Frederick County, MD](#)

[UrbanaSeniorCenter@FrederickCountyMD.gov](mailto:UrbanaSeniorCenter@FrederickCountyMD.gov)

[www.FrederickCountyMD.gov/seniorservices](http://www.FrederickCountyMD.gov/seniorservices)